

TIMES HEALTH EXCELLENCE 2025

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HONOURING THE HEROES OF HEALTHCARE

has also flourished, with hospitals setting up dedicated international patient departments, providing personalised care, language assistance, and travel support.

INSIGHTFUL PANEL DISCUSSION: THE FUTURE OF HEALTHCARE

Beyond accolades, the event featured two thought-provoking panel discussions featuring leading experts. Panellists included:

- Dr. C Geetha HariPriya
- Dr. Balakumar
- Dr. Ilankumaran Kaliamoorthy
- Dr. Dinesh Jothimani
- Dr. Shilfa Nigar
- Dr. Prakash Ayyadurai
- Dr. Deepak Raghavan
- Dr. Piramanayagam P

Key discussion points:

- The impact of AI and technology on diagnostics and treatment
- Addressing the rising costs of healthcare innovations
- Ethical considerations and patient-centric care
- Strengthening medical infrastructure for better accessibility

The panellists emphasised telemedicine, AI-driven diagnostics, and robotics in surgery as game-changers for the future of patient care. Discussions also highlighted the importance of mental health awareness and integrating holistic wellness programs into primary healthcare services.

RECOGNISING EXPERTISE: HONOURING HEALTHCARE LEADERS

The highlight of the evening was the Times Health Excellence 2025 award ceremony, where 59 top doctors, hospitals, and institutions were honoured for their exceptional contributions.

Awardees were selected based on a rigorous evaluation process, assessing:

- Quality of medical services
- Innovations in treatments and procedures
- Contributions to public health awareness
- Patient satisfaction and trust

More than 200 healthcare providers participated in this rigorous evaluation, making the awards even more prestigious.

Beyond individual recognition, the event also celebrated institutions' efforts in vaccination drives, rural healthcare outreach programs, and research on rare diseases—underscoring the broader impact of healthcare beyond hospital walls.

Times Health Excellence 2025 was more than just an awards ceremony; it was a testament to the relentless efforts of the healthcare community. As Chennai continues to cement its position as a medical hub, the commitment and expertise of its healthcare professionals remain at the heart of its success.

By celebrating achievements and fostering discussions on progress, Times Health Excellence 2025 laid the foundation for a future where healthcare is more accessible, innovative, and patient-centred.

Here's to the champions of healthcare—pioneering advancements, saving lives, and shaping a healthier future for all.



Thiru Ma. Subramanian, Honourable Minister for Health and Family Welfare, Government of Tamil Nadu,

The Times Health Excellence 2025, an initiative Optimal Media Solutions—a division of Times Internet Limited, concluded with great success in Chennai, honouring the remarkable contributions of healthcare professionals, hospitals, and institutions. This prestigious event served as a tribute to the dedication, innovation, and selfless service of the medical community.

Times Health Excellence 2025 brought together some of the most distinguished names in the healthcare industry. The event was proudly supported by News Partner – Puthiya Thalaimurai, TV Partner – Puthu Yugam, Digital Partner – Puthiya Thalaimurai Digital, Trophy Partner – Kesar Gift Mart, and Broadcast Partner – 92.7 Big FM.

Healthcare leaders, renowned doctors, policymakers, and medical innovators graced the occasion, acknowledging the advancements that have positioned Chennai as one of the leading medical hubs. The event was not only a celebration of success but also an inspiration for the future of healthcare.

Thiru Ma. Subramanian, Honourable Minister for Health and Family Welfare, Government of Tamil Nadu, who graced the event as the chief guest, said, "I am extremely grateful for the opportunity to be part of this prestigious annual event. Times Health Excellence 2025, organised by the reputed Times of India, is truly an esteemed recognition for its recipients, bringing pride and joy. In the post-pandemic era, acknowledging healthcare providers and institutions is more relevant than ever, as they have fought on the frontlines through challenging times. Inspired by the efforts of the Times of India, our government has resumed recognising 25 leading doctors in the state

on Doctors' Day after a gap of 7-8 years. Furthermore, the Tamil Nadu government has launched several initiatives to prioritise public healthcare, earning international recognition for its efforts. The state continues to be committed to advancing healthcare and set an example for the rest of the country."

Enhancing the grandeur of the event was the presence of Saina Nehwal, former world No. 1 badminton player and Olympic bronze medallist. Sharing tips to lead a healthy life, Saina said, "We Indians are smart and intelligent, but we often tend to be lazy when it comes to fitness. We need to take better care of our bodies because a healthier body leads to a healthier mind. Eating nutritious food is essential, and regular exercise should be a priority. I realised this when I travelled abroad and saw how people in Europe make fitness a part of their daily routine, often hitting the gym before work. It's a habit we should adopt for a healthier lifestyle."

CHENNAI: A LEADING MEDICAL DESTINATION

Chennai has emerged as a premier medical destination, attracting patients from across the country and beyond. The city's hospitals, research facilities, and expert professionals continue to set new benchmarks in medical care. Times Health Excellence 2025 highlighted these contributions and reinforced Chennai's role in pioneering healthcare advancements.

With cutting-edge technology and expertise in fields such as cardiology, oncology, neurology, and organ transplantation, Chennai has become a global healthcare destination. Medical tourism



Saina Nehwal - Padma Bhushan, Padma Shri Awardee and Olympic medallist.

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Panel Discussion : The Future of Healthcare



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Service Excellence in Vascular and Endovascular Surgery
Dr. Balakumar
Vein and Foot Clinic



Service Excellence in Robotic Surgery
Kauvery Hospital, Alwarpet
Dr Joyner, Dr Aarthi and Dr Sujay Susikar



Service Excellence in Infertility Treatment
Dr S. Gayathri Devi
Rela Hospital



Service Excellence in Reproductive Medicine
A4 Hospital
Dr. Aruna Ashok





Trusted Multi Speciality Hospital
Apollo Hospitals



Service Excellence in Cardiac Sciences
SIMS Hospital
Dr. Mohammed Idhrees



Service Excellence in Oncology
Kauvery Hospital, Alwarpet
Dr Aswin, Dr Vaidhyswaran, Dr Preethi, Dr Arshad and Dr Suresh



Iconic Multi Speciality Hospital
Rela Hospital
Dr. Ilankumaran Kaliamoorthy, Dr DC Gauthaman, Dr. Dinesh Jothimani, Dr. Ashok S. Gavaskar, Dr. J. Prabhakaran



Excellence in Cardiology
Sugam Hospital
Dr.Senthil Nathan



Excellence In IVF Treatments
Dr C Geetha Hari Priya
Prashanth Fertility Research Centre



Services Excellence in Diabetology
Dr.V.Balaji Diabetes Care and Research Institute
Dr.Sheela Rajan



Service Excellence in Emergency Medicine
Kauvery Hospital, Radial Road
Dr. Meena K and Dr. Rakesh Krishna Mogalipuvvu



Service Excellence in Orthopaedics Surgery
SIMS Hospital
Dr. P S Ashok Kumar & Dr. V S V Kumar



Service Excellence in IVF Treatment
Kauvery Hospital, Vadapalani
Dr Sivakami, Dr Gopinath, Dr Sahityalakshmi and Dr Madhumathi



Service Excellence in Laparoscopic Hernia and Gastrointestinal Surgery
Dr. Kumaragurubaran
Billroth Hospital



Excellence in Orthopaedics
Dr M Muthu Saravanakumar
Dr Muthus Hospital Coimbatore



Service Excellence in Integrative Medicine
ShreeVarma Ayurveda Hospital
Dr. DharmeshAacharya Dr.Shreevarma



Excellence In Womens Healthcare
Indigo Womens Center
Dr. Srilatha



Service Excellence in Neurology
Dr.S.Karthikeyan
Apollo Hospitals



Service Excellence in Cardiology
Dr Refai Showkathali
Apollo Hospitals





TIMES- HEALTH EXCELLENCE 2025- TAMIL NADU SURVEY - METHODOLOGY

The objective of this research was to conduct a survey, research the probable's nominations and recommend the final list of recipients for the coveted Times Health Excellence 2025- Tamil Nadu using robust methodology. The survey had these modules, i.e. Desk Secondary Research, Approach for sharing fact file, Factual survey (Participatory Survey) to arrive at the analysis & identify the results of top performers in different categories. A comprehensive list of healthcare professionals/ hospitals/ clinics from the Healthcare Sector and certain affiliates businesses was generated with the help of the internet, social media, print -magazines, and other publications. The healthcare professionals/ hospitals/ clinics from the Healthcare Sector, Supports and Individuals were sent the factual data questionnaire and then followed up through telephone, email, and personal visits. The final score for each entity was calculated. Based on the final score, results were drawn in respective sub-categories. In addition, feedback of each nominee was assessed through other tools such as social media profile scan and customers/ colleague's feedback. All data was objectively analyzed to assess the eligibility and suitability of the nominee for the award. The study was conducted in Tamil Nadu starting from the 2nd week of January 2024.

Some caveats/assumptions:

- Best efforts were made to reach the maximum healthcare professionals/ hospitals/ clinics certain affiliates in the respective categories.
- If the nomination for any specific category was not received, those categories were dropped and categories with single nominations were given unambiguously.
- Only those entities were considered who have submitted their participatory factual sheet

About Avance Insights Pvt Ltd (Avance Insights)

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Note: Present survey has been exclusively conducted by an independent Research Agency named Avance Insights Pvt Ltd using stated methodology for arriving at given rankings. The publication house and its affiliates/employees/authorized representatives/group companies are not responsible/ liable for the said rankings. Readers are advised to take an informed decision before acting upon the survey rankings.



Service Excellence in Renal Sciences
SIMS Hospital
Dr. Sathiyam S



Service Excellence in Neurosurgery
Kauvery Hospital, Vadapalani
Dr. Abhinaya Dr. Ranganathan Jothi Dr. Soundarapandian Dr. Saravana Santosh



Service Excellence in Neuro Critical care
Kauvery Hospital, Radial Road
Dr. Ponniah Vanamoorthy and Dr. Sindhu Priya



Iconic Dentist of the year
Dr. Shilfa Nigar
Apollo Dental



Service Excellence in Intensive care and Internal Medicine
Dr. Sathya AC
Rela Hospital



Service Excellence in Surgical Gastroenterology
Dr. Santhosh Anand K S
Apollo Hospitals



Service Excellence in Laser Urology
Kauvery Hospital, Alwarpet
Dr. Jeevagan and Dr. Anu



Service Excellence in Robotic HPB Surgery
Dr. Rajesh Rajalingam
Rela Hospital





Excellent Multi Speciality Hospital
Naruvi Hospital
Nithin Sampath



Excellent Orthopedician of the year
Dr. Karthik Reddy
Sunway Medical Centre



Service Excellence in Cardiac surgery
Kauvery Hospital, Vadapalani
Dr Jeevanandam Dr Anbarasu and Dr Praveen



Service Excellence in Gastroenterology
Kauvery Hospital, Radial Road
Dr. Vishnu Abishek Raju, Dr. Gautham Krishnamurthy, Dr Mahesh Sundaram and Dr Harish Lingareddy



Service Excellence in Internal Medicine
Dr. Pearlsy Grace Rajan
Rela Hospital



Service Excellence in Gastro Sciences
SIMS Hospital
Dr. B S Ramakrishnaand & Dr. P. Anbalagan



Service Excellence in Medical Gastroenterology
Dr. Piramanayagam P
Apollo Hospitals



Service Excellence in Neurology
Dr. Vijayshankar P
Apollo Hospitals



Excellence in Robotic Gastro Intestinal Surgeries
Dr R Parimuthu Kumar
Prashanth Hospitals



Service Excellence in Liver and Kidney transplant
Kauvery Hospital, Vadapalani
Dr Vigneshwaran Dr Swaminathan Dr Gawtham Dr Swati and Dr Aarthi



Excellence in Critical care
Sugam Hospital
Dr. OM. Prakash



Excellent Neurologist of the Year
Dr. Shankar Balakrishnan
Rela Hospital



Service Excellence in Mother & Child Care
Kauvery Hospital, Radial Road
Dr Thendral K, Dr. Sindhu Sivanandan, Dr. Parimala Devi, Dr Sangeetha and Dr. Divyashree Shetty



Service Excellence in Eye care Treatment
Rajan Eye Care Hospital
Dr. Mohan Rajan

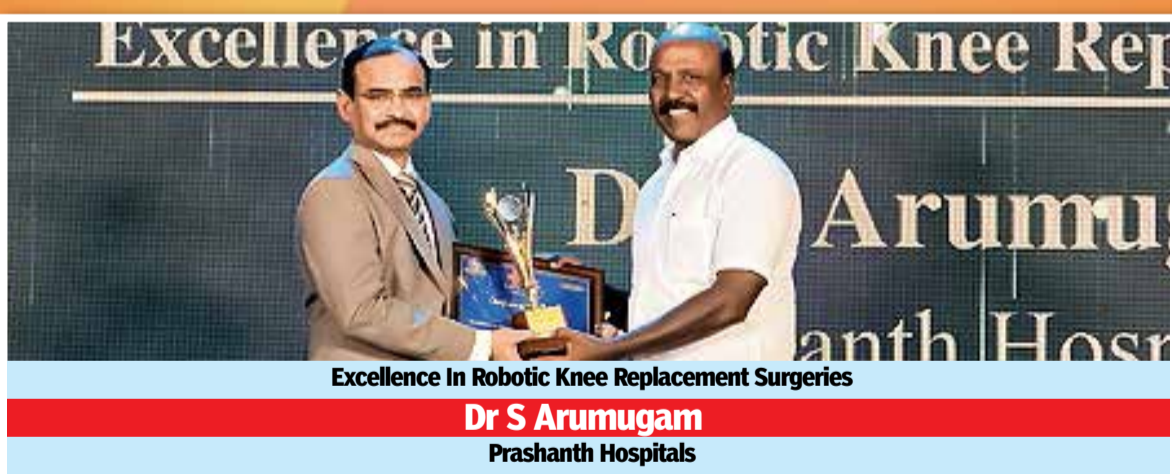
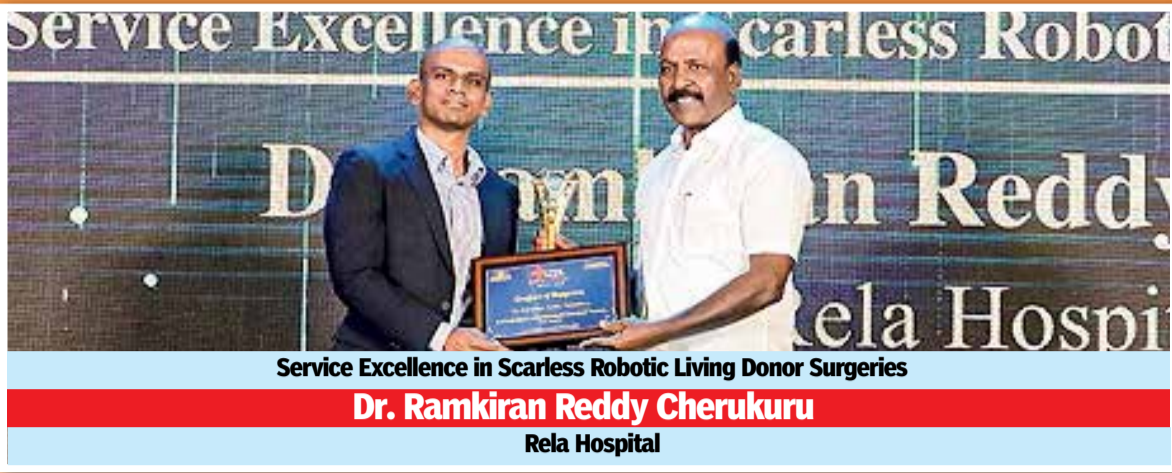


Service Excellence in Spine Surgery
Dr Parthasarathy Srinivasan
Rela Hospital



Service Excellence in Urology
Dr Deepak Raghavan
Apollo Hospitals





For more information, email to soundarrajan.a@timesofindia.com

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